

SUMMER / FALL 2017



TOWN OF EAST LONGMEADOW
RECREATION
Fun Happens Here.

NEW PROGRAMS FOR 2017
SUMMER CLINICS, MUSIC, MOVIE NIGHTS, AND MORE!



East Longmeadow
Recreation Department
328 North Main St.
East Longmeadow, MA
(413) 525-5437

REGISTER ONLINE
elrec.recdesk.com

Department policies
can be located at
elrec.recdesk.com
under 'Forms &
Documents.'

Roster and other
special requests may be
noted but cannot be
guaranteed.

Non-residents are
subject to a \$15 fee per
program.

Hello East Longmeadow,

What a crazy end to the winter! The fields for spring are getting close and, by the time you receive this, my hope is that they will be filled with this year's spring participants. Summer is right around the corner and we hope that we can serve your family on and off the playing field. This year we are focused on adding more family programming, programs for the non-sporty kiddo, and some adult fun too! I hope that your family will join us for some of the new and fun programs we have created.

This summer we are hosting our Movie Night Series again at Center Field! With two additional showings this year we hope you and your family will join us on a Friday night for some fun on Center Field. We will host costume contests, movie giveaways, and will be working with our Library for some pre-movie fun too! Be sure to check your child's backpack and our website for information updates as we move closer to showtime.

Summer and fall will bring new programming, opportunities, and events to our town. With added music, art, and vacation programming we hope that you will take some time to learn the guitar, paint that masterpiece, and more with us this year. We are constantly dreaming up new programs and hope that you are too. Please e-mail us at recreation@eastlongmeadowma.gov if you have a cool program idea!

Our staff appreciates all of those who help us each season to put on our programs. With the ever-growing need for more family fun, without our coaches, coordinators, associations, and program leaders we wouldn't be able to fill your schedules each season. Thank you for being an E.L. Recreation family. Please stay tuned for updates by connecting with us on Twitter, Facebook, and at eastlongmeadowma.gov!

See you on the fields this spring!

Colin

SPORTS CLINIC

TENNIS CLINICS

JUNE, JULY, AND AUGUST

Check back for specific details regarding summer tennis clinics and playing opportunities: eltennis.org and elrec.recdesk.com

SOFTBALL CLINIC

JUNE 26 - 29 GRADES 2-8

8:30 AM - 3:30 PM

Players will learn the fundamentals of throwing, hitting/slapping/bunting, baserunning, fielding and sliding in a fun and competitive environment!

FEE: \$175

BASKETBALL CLINIC

JULY 10 - 14

GRADES 3-5 9:00 AM - 12:00 PM

GRADES 6-8 1:00 PM - 4:00 PM

Players will learn offensive and defensive skills from our staff, and leave a better basketball player! Morning and afternoon groups are organized by grade level.

FEE: \$125

AP FOOTBALL ACADEMY

JUNE 20 - 22 GRADES 1 - 8

6:00 PM - 8:30 PM

This intro level program is a great tune-up for the upcoming season. Your child will work with professional coaches on basic and advanced football skills through this 3-night special.

FEE: \$55

FIELD HOCKEY CLINIC

JULY 31 - AUG. 4 AGES 8 - 13

9:00 AM - 12:00 PM

This program introduces athletes to the basic skills and game play of field hockey. Young athletes will learn leadership and teamwork.

FEE: \$125

EL SOCCER CLINIC

AUG. 7 - 11 & AUG. 14 - 18

AGES 6 - 14 9:00 AM - 3:30 PM

The EL Soccer Clinic is designed to strengthen a player's skill, game intelligence, and fitness. This program is for players of all abilities.

FEE: \$175



SKYHAWKS FLAG FOOTBALL

JULY 24 - 28 AGES 7 - 12

FULL DAY 9:00 AM - 3:00 PM

HALF DAY 9:00 AM - 12:00 PM

Flag football is the perfect program for the young athlete who wants a complete intro to football or to brush up on their skills for the fall season!

FEE: \$145 FULL / \$125 HALF

SKYHAWKS MULTI SPORT/MINI HAWK

JULY 17 - 21 AGES 4 - 12

MULTI SPORT 9:00 AM - 3:00 PM

MINI HAWK 9:00 AM - 12:00 PM

Multi-sport camp is designed to introduce young athletes to a variety of sports. Mini Hawk is modified for the youngest age groups.

FEE: \$145 FULL / \$125 HALF



EVO SOCCER CLINIC

JULY 10 - 14 AGES 7 - 14

FULL DAY 9:00 AM - 3:00 PM

HALF DAY 9:00 AM - 12:00 PM

**DINOMITES (AGES 3-4)
9:00 AM - 10:30 AM**

**DINOMITES (AGES 5-6)
10:30 AM - 12:00PM**

The Evo Academy Camp is a for recreational and travel level players looking for a structured week of professional training, fun games and a safe camp environment. Offering two options of a half day and a full day experience, each program is designed around age specific curriculum.

FEE: \$175 FULL / \$125 HALF / \$85 DINO

DID YOU KNOW? The Town of East Longmeadow has volunteers on sports associations that coordinate equipment distributions, scheduling, and assigning officials. Contact us to volunteer!



**TOWN OF EAST LONGMEADOW
RECREATION**
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PINE KNOLL

ACTIVITY CENTER	GRADES K - 8	\$125 RES. / \$140 NON-RES.
ADVENTURE KIDS	AGES 4 - 6	\$125 RES. / \$140 NON-RES.
	HALF DAY	\$80 RES. / \$95 NON-RES.

SCIENCE WEEK	GRADES K - 5	\$290 / TWO CLASSES, \$190 / ONE CLASS
EXTENDED DAY		\$25 MORNING (7:30-9AM) / \$30 EVENING (3-5PM)

Activity Center is an all-encompassing day program that allows children to enjoy multiple activities. Activities include arts & crafts, nature, sports, swimming, and more! Adventure Kids is a program similar to Activity Center but modified specifically for Pre-K ages. Extended care allows for extra hours for a small fee.

The Explorers program (ages 12-14) will allow participants the opportunity to have day excursions off-site!

Wicked Cool Science Week will host the Maker Shaker Workshop (9 AM - 12 PM), a DIY workshop that lets you complete challenging building kits, and the Wicked Wacky Lab (1 PM - 4 PM), which allows you to create your own super stretchy formulas from chemical concoctions. Full info: www.wickedcoolforkids.com

SESSION 1, JUNE 26-30	SESSION 2, JULY 5-7* PRORATED \$75	SESSION 3, JULY 10-14
SESSION 4, JULY 17-21	SESSION 5, JULY 24-28	SESSION 6, JULY 31-AUG. 4
SESSION 7, AUG. 7-11	SESSION 8, AUG. 14-18	SCIENCE WEEK, AUG. 21-25

EXPLORERS AGES 12 - 14 \$199 RESIDENTS ONLY

This new program will leave the gates of Pine Knoll throughout the week for an adventure. Each week participants could kayak, try rock climbing, go hiking and more. Every week will be different. Open to only 12 participants each week. No experience required!

**COUNSELOR IN TRAINING \$160 / TWO WEEK SESSION
\$75 / INVITE ONLY WEEKS - MUST BE INVITED BACK BY DIRECTOR**

Our CIT program is open to students entering 7th, 8th, and 9th grade. This program allows participants to gain practical experience by working with Pine Knoll staff. The program has a limited number of participants so please inquire about availability.

AVAILABLE SESSIONS:
SESSIONS 1 & 2 SESSIONS 3 & 4 SESSIONS 5 & 6 SESSIONS 7 & 8

**POOL MEMBERSHIPS \$150 / FAMILY (3+)
\$85 / INDIVIDUAL \$125 / ADULT COUPLE**

The Pine Knoll Recreation area offers both family and individual pool memberships. Children under the age of 16 must be accompanied by an adult when in the pool area. Pool opens June 26th and closes Labor Day. Hours are communicated by our Aquatics Director via email. Senior Discounts are available. Residents only.

If you have an innovative or new program idea, please contact the East Longmeadow Recreation Department. We'd love to work with you to make your dream a reality!

FALL SPORTS



TRAVEL SOCCER AGE GROUPS

EARLY REGISTRATION: 4/15-5/15, \$105
UNDER 09: BORN AFTER 8/1/2008
UNDER 11: BORN AFTER 8/1/2006
UNDER 13: BORN AFTER 8/1/2004

REGISTRATION: 5/15-6/1, \$125
UNDER 10: BORN AFTER 8/1/2007
UNDER 12: BORN AFTER 8/1/2005
UNDER 14: BORN AFTER 8/1/2003

Travel soccer is a competitive program for players that want to compete against the best teams in area. Evaluations will be held in June, date TBA. Teams compete in the Roots Soccer League.



RECREATION SOCCER

EARLY REGISTRATION: 5/15-6/15, \$60
KINDERGARTEN GRADE 1 & 2

REGISTRATION: 6/16-8/15, \$80
GRADE 3, 4, & 5

The East Longmeadow Recreation Soccer program is perfect for players of all ability levels! Players will practice one time a week and have one game on the weekend. Coaches will contact families by the 3rd week of September. Full uniform (shirt, shorts, socks) will be provided.



LITTLE KICKERS

EARLY REGISTRATION: 5/15-6/15, \$40
AGES 3-5 (PRE-K)

REGISTRATION: 6/16-8/15, \$60
RESIDENTS ONLY

Little Kickers soccer provides your young athlete with an opportunity to be introduced to the world's most popular game! Instruction-based sessions take place on Sundays every week. A t-shirt is provided. Cleats/sneakers and shin guards are recommended.



FOOTBALL

EARLY REGISTRATION: 5/15-6/15, \$105
NFL FLAG (GRADES 1/2) \$70
JUNIOR (GRADES 5/6)

REGISTRATION: 6/16-7/15, \$125
PEE WEE (GRADES 3/4)
SENIOR (GRADES 7/8)

The East Longmeadow football program is for children in grades 3 - 8 (2017-18 school year.) Residency in East Longmeadow is required by the league. *Requirements: birth certificate, SAFL form (found at Rec. Dept.)* NFL Flag football is offered for Grades 1/2. Non-contact program to introduce the game to your young athlete! Football summer clinic information coming soon - keep an eye on the E.L. Recreation community portal for details!



CHEERLEADING

EARLY REGISTRATION: 5/15-6/15, \$60

REGISTRATION: 6/16-8/1, \$80
GRADES 3-8

The Youth Cheerleading program begins practices in August and they will take place on Tuesday and Thursday evenings. Participants will attend fall youth football games and an exhibition in October. There will be additional uniform & team gear purchases required (approximately \$250) throughout the year.



FIELD HOCKEY

EARLY REGISTRATION: 5/15-6/15
GRADES 2/3/4: \$50/\$70 GRADES 5/6: \$70/\$90 GRADES 7/8: \$80/\$100

The Field Hockey program hosts inter-town league play. The youngest ages will learn the basic skills, while older teams will be exposed to advanced skills and competition. Required: mouth guard, stick, goggles.

DID YOU KNOW? The High School Athletic Hall of Fame and the E.L. Recreation Department provide scholarship assistance for families in financial need. Contact the recreation office for applications!

COMMUNITY EVENTS

MOVIE NIGHTS @ CENTER FIELD PRESENTED BY ELRD & EL PUBLIC LIBRARY

ALL MOVIES WILL BEGIN AT DUSK. CALL THE RECREATION DEPARTMENT FOR ACCURATE SHOWING TIMES.

JUNE 16: SING!

JULY 14: MOANA

AUGUST 18: SECRET LIFE OF PETS

SEPTEMBER 22: STAR WARS ROGUE 1



BASEBALL BUS TRIPS

REGISTER ONLINE OR IN THE OFFICE!

APRIL 29 - CHICAGO CUBS AT BOSTON RED SOX

JUNE 24 - LOS ANGELES ANGELS AT BOSTON RED SOX

AUGUST 12 - BOSTON RED SOX AT NEW YORK YANKEES



ADULT & YOUTH MUSIC LESSONS

\$55 / SESSION

Do you think playing music is right for you? Enroll in Tom Kopyto Music's 6 week "EZ Music" classes, designed to introduce music performance skills through small group instruction. Essential music making techniques and basic note-reading are taught in a fun, supportive setting that allows students to develop at their own pace. Class materials are flexible to accommodate varying interests and skill. Participants will select from: Ukelele, Guitar, Percussion, Voice
May Class Groups, Beginning May 8th:
Ages 7 -12: Mondays 5:00, Tuesday 4:00
Teens (13+): Tuesdays 5:00, Thursdays 7:30

SWIM LESSONS AT PINE KNOLL

\$50 / SESSION

SESSION 1

MON/WED July 3rd - July 26th

3:15-3:45 Guppies (Level 1) Minnows (Level 1)
3:50-4:20 Guppies #2 (Level 1) Minnows #2 (Level 1)
4:25-4:55 Manta Rays (Level 2), Orcas (Level 3)

TUE/THUR July 6th- July 27th + July 7th

3:15-3:45 Guppies (Level 1) Minnows (Level 1)
3:50-4:20 Guppies #2 (Level 1) Minnows #2 (Level 1)
4:25-4:55 Manta Rays (Level 2) Orcas (Level 3)

SESSION 2

MON/WED August 2nd - August 28th

3:15-3:45 Guppies (Level 1) Minnows (Level 1)
3:50-4:20 Guppies #2 (Level 1) Minnows #2 (Level 1)
4:25-4:55 Manta Rays (Level 2), Orcas (Level 3)

TUE/THUR August 1st - August 24th

3:15-3:45 Guppies (Level 1) Minnows (Level 1)
3:50-4:20 Guppies #2 (Level 1) Age 3-4, Minnows #2 (Level 1) Age 5+
4:25-4:55 Manta Rays (Level 2), Orcas (Level 3)

Guppies and Minnows are both level one classes geared to swimmers that have no previous swim lessons or very limited. They are very close in skill level but the Minnows will progress faster than Guppies due to the age difference. Strict compliance with age requirement.

Manta Rays is a level two class, swimmers will need to be evaluated by the instructor beforehand. Swimmers will be learning the basics of the front crawl stroke, backstroke, bi-lateral breathing, swimming safety, and diving.

Orcas is a level 3 class, furthering your swimmers skills in the front crawl and backstroke to a more advanced level. Basics of Breaststroke and Butterfly are taught. Racing starts, and turns are also taught. Basic lifeguard techniques will also be taught. Swimmers will also need to be evaluated before being accepted into the class.

All classes are subject to change of times due to class interest or changes in the schedule. All classes are held at Pine Knoll Recreation Area. Classes will be taught by the lifeguard staff or the Marlin's coaching staff. All contact will be done by email.

Private Lessons: Please contact Bradford Mills by email at brad.mills@eastlongmeadowma.gov to schedule.