



Hampden County Commission on the Status of Women and Girls May Public Meeting Agenda

May 12, 2022 6:00 PM - 8:00 PM

In-Person Location: TBD

Online via Zoom: [Zoom Meeting Link](#)

<https://zoom.us/j/6895726626?pwd=aDdCTEpPSlkwa2pxd29VZDRqZStkQT09> Facebook

Livestream: [Link](#) Please contact hccswg@gmail.com for the meeting password

- I. Call to Order and Roll Call
- II. Featured Speaker: Stephanie Marrero-Wilson (30 min.)
- III. Public Speak Out (15 min.)
- IV. Approval of minutes from April 2022
- V. Chair Report
- VI. Vice-Chair Report
- VII. Old Business
 - A. Welcome new commissioners
- VIII. New Business
 - A. Supports for New Commissioners
 - B. Calendar of events
 - C. Next Meeting- June 9, 2022
 - D. Strategic planning for 22-23
- IX. Mass Commission Updates
 - A. Regional Advocacy Day in partnership with the Massachusetts Caucus of Women Legislators will be held on Monday, May 16th from 6:00-8:00 pm
 - B. MCSW onboarding (orientation) for new regional commissioners will be held during the first/second week of May.

HAMPDEN COUNTY COMMISSION ON THE STATUS OF WOMEN AND GIRLS PRESENTS:

May Public Meeting

Thursday May 12th 6:00PM

33A



Stephanie Marrero-Wilson, Author and LCSW enters the field of Social Work with lived experience of coping with Depression and Anxiety most of her life. Growing up in a Puerto Rican household, she quickly

learned "we don't talk about mental health" and felt silenced most of her life. Because of this, she aims to therapeutically support others with their journey to healing and finding their voice. Through this passion, she was able to write two children's books focused on age-appropriate psychoeducation, exploring ADHD and Anxiety in kids. Stephanie is well engaged within her community, facilitating a trauma-informed psycho ed group for adults called "Journaling To Heal", and "Mindful Madness" which utilizes her books as part of a mindfulness curriculum for kids. Breaking the out of the societal mold for social work, she embraces her eclectic practices and hopes to inspire others to embrace what makes them stand out.