



**Hampden County Commission on the Status of Women and Girls
Agenda**

July 8, 2021

6:00 PM - 8:00 PM

Online via Zoom:

<https://zoom.us/j/6895726626?pwd=aDdCTEpPSlkwa2pxd29VZDRqZStkQT09>

Facebook Livestream:

[Link](#)

Please contact hccswg@gmail.com for the meeting password

I. Call to Order and Roll Call

II. Discussion with our featured guest, Ysabel Garcia, MPH - Founder of Estoy Aqui

III. Public Speak Out (15 min.)

IV. Approval of minutes from June 10, 2021

V. Chair Report

VI. Vice-Chair Report

VII. Old Business

a. None

VIII. New Business

a. HCCSWG Leadership Team Meeting

b. Upcoming Events

i. No Meeting in August- Summer Break

ii. [2021-2022 Meeting Calendar](#)

1. In-person/Hybrid event planning

iii. September 9th Meeting featured guest - TBD

VIII. Mass Commission Updates

- a. Planning for a September Regional Convening
- b. Collaboration with our Liaison for more events with elected leaders.

About Our Featured Guest:

HAMPDEN COUNTY COMMISSION ON THE STATUS OF WOMEN AND GIRLS PRESENTS:

July Public Meeting

Thursday July 8th 6:00PM

Ysabel Garcia, MPH
Founder of Estoy Aqui

Ysabel Garcia (she/her/hers) MPH, is a suicide prevention and social justice educator who uses her story as a first-generation Dominican immigrant and psychiatric survivor to dismantle myths about mental health and

suicide in her community. She is the founder of Estoy Aqui, an initiative that highlights the sociocultural factors surrounding suicide in the Latino/Latinx and the Black community by providing racial justice training, intergroup dialogue, and circle practice. In specific, her outreach program called La Cultura Sana promotes sources of culturally relevant mental health support to lower dependence on the criminal justice and psychiatric system.