

**East Longmeadow Council on Aging
Tuesday, April 12, 2022 – Board Meeting Minutes**

- I. Meeting called to order at 9:03AM by Co-Chairperson Pastor Timothy Sheranko.

- II. Roll Call:
Erin Koebler, Alicia Smith, Doreen Harrison, Joseph Barker, Julie Dunlop, Sharon Giordano, Barbara Farrell, Jane Desilets, Melinda Mandeville and Pastor Timothy Sherenko attended. Theresa Govoni-Moylan was absent due to illness.

- III. Approval of March 8, 2022 Meeting Minutes:
 - a. Doreen Harrison entertained a motion to accept the minutes as corrected (The reception for the kick-off of East Longmeadow as a Dementia Friendly town will be held on April 14 not the 18th); seconded by Melinda Mandeville. Motion carried.

- IV. Director's Report:
 - a. Staffing: a new Transportation Dispatcher was hired, and notice was given by an Administrative Assistant.
 - b. The COA Director attended a virtual Alzheimer's Conference. The conference lasted five (5) mornings focusing on research and treatment.
 - c. Fifteen (15) individuals will be part of a Dementia Committee. A kick-off reception will be held on April 14.
 - d. A National Parks and Recreation Association Grant was awarded to the COA. The grant will provide technical assistance and training to two (2) instructors of an evidence-based wellness/beginning fitness program. A volunteer is requested to provide assistance with fitness machines in the fitness room.
 - e. SHINE assistance is by virtual appointment.
 - f. A COVID-19 vaccine clinic will be held on May 20th, 1:00-3:00PM at the senior center.
 - g. A book depository bin is located in the senior center's parking lot, at no cost to the COA. Books are collected in the bin and either donated or turned into pulp, if they are outdated.
 - h. The raw ingredient cost of a senior center meal is \$3.93. The chef is efficient with food costs and the meal size.
 - i. A picnic lunch will take place on May 27th on senior center grounds.
 - j. Tri-Town Trolley is live using new software. Fixing the vans cost \$2,000 in March and April thus far.
 - k. Maintenance on the fitness equipment was completed.

Congregate lunch:	737
Unduplicated visits to the SC:	413 for a total of 1844 visits
Meals-on-Wheels:	862 meals delivered
Trolley rides:	344
Volunteer hours:	755

- V. Program/Volunteer Coordinator Report:
- a. The Volunteer Lunch, held at Nathan Bills, was a success.
 - b. April 28th is the date for a Volunteer Fair. Businesses are looking for volunteers.
 - c. Hampden and Longmeadow joined the “Tri-Team Walking Team”. This is for the Walk to End Alzheimer’s.
 - d. Virtual trips will continue. Many participants enjoy the virtual trips.
 - e. Car Fit, sponsored by AARP, assists a driver with seat location and mirror positions, etc.
- VI. Committee Reports:
- a. AAA – The American Rescue Act for 2022 – 2024 provides grants for support and nutrition programs.
 - a. \$55,920 - Evidenced based preventive health
 - b. \$866,000 - Nutrition, includes home delivered meals, family caregiver, and support services
 - b. GSSSI – No report.
 - c. Emergency Planning – No report.
- VII. New Business:
- a. Volunteer Opportunities – Opportunities for volunteers are listed in the monthly volunteer newsletter.
 - b. Meals – Extra meals available for those who forget to sign up.
- VIII. Old Business:
- a. Golden Cane Award: – No report.
- IX. Next Meeting Date:
Next meeting will be Tuesday, May 10, 2022 at 9:00AM.
- X. Adjournment:
Barbara Farrell entertained a motion to adjourn the meeting at 9:40AM. Doreen Harrison seconded the motion. Motion carried.

Respectfully submitted by Jane Desilets – April 12, 2022