

# Pleasant View Senior News

From the Center of it All

328 NORTH MAIN ST. EAST LONGMEADOW, MA 01028 | MON - FRI: 8 a.m. – 4 p.m. | 413.525.5436



## NOVEMBER HIGHLIGHTS

The Pleasant View Senior Center will be closed on November 12th in honor of Veterans Day and on November 22nd and 23rd for the Thanksgiving Holiday.



### VETERANS DINNER

Join us for our *Annual Veterans Dinner* **Friday, November 9th at 5:00 p.m.**  
**Veterans are free!**

Veterans may invite one guest to attend with them who will be charged a \$5.00 fee. Any other persons who would like to attend will be put on a waiting list and called if space is available. The general public fee is \$10 per person.

*Please sign up by Wednesday, November 7th. We look forward to honoring our Veterans!*



### REAL ESTATE TAX

#### SENIOR EXEMPTION APPLICANTS

Exemption Applications for fiscal year 2019 will be accepted in the Assessor's offices starting November 1st. The applications are available for you to pick up at the Town Hall or by appointment with Danell Tavella. If you have any questions or need assistance, please contact the Assessor's office at 525-5400 ext. 1600 or Danell Tavella at 525-5436 ext. 1402

## OCTOBER IN REVIEW



798 Volunteer Hours



1056 Meals Delivered



450 Lunches Served



66 Food Pantry Visits

## RESOURCES REPORT

### ***Housing Rehabilitation Grant through Community Development Block Grant (CDBG)***

The Town of East Longmeadow was recently awarded funds for the FY18 Community Assistance Program through the Community Block Development Block Grant (CDBG). This is a zero (0%) percent deferred payment loan, which becomes a grant after 15 years. At that time, the lien is released and no money is owed (forgiven). Income guidelines apply.

*Interested homeowners should contact Shirley Stephens, at 413-781-6045. Or, visit the ELCOS for a Pre-Application Form.*

### **HOME MEDICAL ALARMS**

***Home medical alarms offer independence and piece of mind.***

If you fall or are not feeling well, it's important to get help quickly. With one push of the button on a home medical alarm—help is on the way! With a home medical alarm you are never alone—help is at your fingertips.

*For more information on available alarms please call Danell at 525-5436 ext. 1402.*

## EXERCISE

### BOSU CLASS with Lissa

Tue 8:30 A.M. *\*\*Please check with Lissa before your first class*

Thur 8:30 A.M.

*Card Needed*



### CHAIR EXERCISE

Mon/Wed 9:00 A.M.

Fri 8:45 A.M.

No Charge

### EXERCISE CLASS with Lissa

M/W/F 8:30 A.M.

Mon/Thur 10:45 A.M.

*Card Needed*



### CHAIR YOGA

with Marianne

Fri 2:00 P.M.

\$5 /Class

### TAI CHI HEALTH with Lissa

Tue 9:30 A.M.

Tue 10:30 A.M.

Wed 10:00 A.M.

Thur 9:30 A.M.

*Sponsored by CareOne at Redstone*

### TAI CHI

with Shay

*First Congregational Church*

Tue 9:00 A.M.

### ZUMBA GOLD & TONING

with Kelly Phillips

Mon 4:15 P.M.

\$5/Class

### FITNESS CENTER

The Fitness Center includes state-of-the-art cardio machines and weight stations. A medical clearance form is required and orientation is necessary before use. Please schedule an appointment with our nurse Lissa.

Fitness cards are 20 visits for \$10, \$15 for out-of-town residents. *Age 90+ no charge*

### CLASS PAYMENTS

An Exercise Class card may be purchased for Lissa's Exercise and BOSU classes. There are two cards available: \$5 cards for 6 classes and \$15 cards for 18 classes. All payments will need to be made at the front office. Cards will be stamped after attending a class.

## HEALTH AND WELLNESS (525-5436)

### BLOOD PRESSURE

by appointment. with  
Lissa Fontaine, R.N.

Ext. 1407

### FACIALS

by appointment 525-5436  
Diane Neil, Reg. Esthetician

Cost is \$30

November 7th

### FOOTCARE/PEDICARE

by appointment 525-5436  
Cost is \$29, Home Visit \$50

November 13th

### HEARING SCREENING

Free Screening by  
Baystate Hearing Center  
Call 525-5436 for Appt.

November 21st

### MANICURES

by appointment 413-335-7422  
Cathy Rasid, LM

November 1st, 15th and 29th



### MASSAGE THERAPY

by appointment  
Christina Conti, LMT  
413-348-8370

November 26th

### Alzheimer's/Dementia Caregiver Support Group

The support group meets monthly to provide emotional, educational and social support for caregivers who have a loved one living with dementia. The meeting is held at The Pleasant View Senior Center. For more information please call Lissa at 525-5436 ext. 1407

***The November meeting will be held on the 14th.***

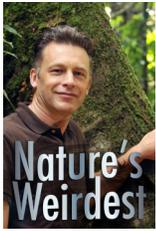
### REIKI

by appointment 525-5436

Cost is \$30

November 27th

## MOVIES AND DOCUMENTARIES (MON. and TUES. 12:45 P.M.)



**Nature's Weirdest Events**  
November 5th  
2015

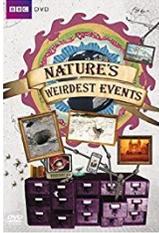


**The Lake House**  
November 6th  
1 hr 38mins  
2006 PG

**No Documentary**  
**November 12th**  
Center Closed  
in observance  
of Veterans Day



**Big Miracle**  
November 13th  
1 hr 46mins  
2012 PG



**Nature's Weirdest Events**  
November 19th  
2015



**The Age of Adeline**  
November 20th  
1 hr 52 mins  
2015 PG-13



**Nature's Weirdest Events**  
November 26th  
2015



**Safe Haven**  
November 27th  
1 Hr 55 mins  
2013 PG-13

## RECREATION



### ART CLASS

Fridays 10:00 A.M. \$15

### BEAN BAG BASEBALL

Fridays 9:30 A.M.

### BILLIARDS

Mon–Fri 8:00 A.M. to 4:00 P.M.  
Free Instruction Thursdays 10:00

### BOCCE

Mon–Fri 8:00 A.M. to 4:00 P.M.  
Group Play Wednesdays 10:00

### BOOK CLUB

November 27th

**Lilli de Jong**

By

Janet Benton



### BREAKFAST CLUB

Tuesdays 8:00 A.M.—10:00 A.M.

### CHAIR VOLLEYBALL

Wednesdays 1:00 P.M.

### CHESS INSTRUCTION

call the office to schedule

### COMPASSION AND KINDNESS

November 9th 1:00 P.M.

### COMPUTER CLASS

Wednesdays 1:00 P.M.

### FRENCH CLUB

Wednesdays 11:00 A.M.

### JEWELRY CLASS

November 5th 9:30 A.M.  
\$3 + materials

### KNITTING CLASS

Thursdays 1:00 P.M. \$5

### LINE DANCING

Fridays 4:00 P.M. \$3

### MORNING GLORY

### WALKERS

Mon/Wed/Fri 8:00 A.M.

### NEEDLEWORK

Fridays 1:00 P.M.

### TRIVIA

Thursdays 10:00 A.M.

### CARDS AND GAMES

*Canasta* Thur 12:00 P.M.

*Cribbage* Wed/Fri 10:00 A.M.

*Dominoes* Fri 1:00 P.M.

*Mah-jongg* Tue/Fri 12:30 P.M.

*Pitch* Mon 12:30 P.M.

### FRIENDSHIP CLUB

**November 1st** Bingo

**November 8th** Bake Sale  
and Melody Band

**November 15th** Thanksgiving  
Luncheon and Entertainment

*Sponsored by CareOne*

**November 22nd** Center Closed

**November 29th** \$5 Bingo



# NOVEMBER SPECIAL NOTES



**RSVP INFORMATION TABLE**  
**Thursday, November 8th**  
**10:00—12:00**

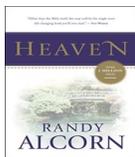
Come see what volunteer opportunities are waiting for you in the Pioneer Valley.



**KNITTING**

**Thursday's at 1:00**

Knitting Class is back! Thursdays at 1:00, \$5.00 per class. Please call ahead to sign up. Bring a piece you are working on or come to learn new patterns.



**"HEAVEN" BOOK STUDY**  
**Friday's at 10:00**

Come learn about Heaven and what the Bible has to say about it. The co-leaders for this group have asked that those who would like to join this study purchase their own copy of the book: "Heaven" by Randy Alcorn. Check Amazon for best book price.



**SUPPORTING YOUR FAMILY'S FINANCIAL WELLNESS**  
**Wednesday, November 14th**  
**11:15**

A discussion on supporting your family's financial wellness brought to you by Cambridge Credit Counseling Corp.



**LOUIS & CLARK**  
**Thursday, November 29th**  
**10:00—12:00**

Louis & Clark will be here with information and to answer any questions you have about medical supplies.



Be sure to stop by and see what trips we are offering! Sicily and More!



**BROWNSTONE GARDEN RESIDENTS**  
**Friday, November 9th**

**Brownstone I & II @ 11:00AM Brownstone III @1:00PM.**

Emma Czaja, Brownstone Gardens Resident Service Coordinator and Danell Tavella, Council on Aging Director of Community Services, welcome *all BROWNSTONE GARDENS* residents to attend our first collaborative meeting. **Please join us for our first Meet and Greet to share your thoughts and help us plan our future monthly meetings.** We are interested in hearing your thoughts about resources and support services that you may need. Information on COA programming and assistance will also be available. **Please join us on Friday, November 9th. Brownstone I & II @ 11:00AM and Brownstone III @1:00PM.**



**BLOOD PRESSURE CLINIC**  
**Thursday, November 15th**  
**8:30—9:30**

Students from UMASS Amherst will be here to take your blood pressure and provide you with information regarding blood pressure. Please sign up in advance by calling 525-5436.



**CARING FOR YOURSELF WHILE SICK**

**Friday, November 30th**  
**11:15**

Join us as a pharmacist from Big Y gives us tips on staying healthy and tips on what to do when you are feeling sick.



**SANTA CLAUS IS COMING TO TOWN**

**Mark Your Calendars Now!!** Santa Claus is coming to The Pleasant View Senior Center on Saturday, December 15th. He will be here from 9:00-12:00. All ages are welcome! There will be pictures with Santa, games, refreshments and prizes!

## ESSENTIAL SERVICES (525-5436)

LEGAL CONSULATION	LICENSE RENEWALS	SHINE COUNSELOR	VETERANS AGENT
by appt. with Dave Carlson, Attorney November 20th	First-time online renewals only (ages 55-74) November 14th	Medicare Assistance by Appt. with Jackie November 5th, 15th, 19th and 26th	John Comerford 413-267-4140 Office hours Tue and Thur 10:00 a.m. to 12:00 p.m.

## RESOURCE REPORT

**The MedMinder pill dispenser helps ensure medication is taken at the correct time by providing a patient with real-time notifications and reminders, including flashing lights, auditory beeps, phone calls or text messages.** If the patient does not take medications at the scheduled time, the dispenser then notifies the patient's caregiver by a phone call, text message or email. The compartments within a MedMinder pill dispenser are scheduled to unlock and open at specific times of the day according to the patient's individualized drug regimen, eliminating accidental double dosing and overdosing, as well as medication abuse. **The MedMinder is also available with Life Line at no additional cost.** The MedMinder pharmacy reconciles and pre-organizes medications by dosage times, packages them into disposable cartridges that fit inside the MedMinder pill dispenser, and delivers them directly to a patient's home monthly. NO NEED for phone line or internet connection. No contract, no hidden fees, no charge for the equipment, free shipping.

**MedMinder will have an informational table at The Senior Center on December 6th from 10:30-12:00.**

### FUEL ASSISTANCE

**The Valley Opportunity Council, Inc. is an energy assistance program that can help you pay for heating your house or apartment during the heating season, between NOV 1 and APR 30 of each year.** This program can help you pay for any fuel that you use, including but not limited to: oil, propane, natural gas, or electric. Paperwork required: proof of identity, income verification, heating, electric, phone, mortgage, real estate tax, water & sewer, and homeowners insurance bills.

**Call Danell Tavella @ 525-5436 X1402 for an appointment to complete the paperwork.**

### HOME MODIFICATION LOAN (HMLP)

The HMLP was established by the Massachusetts legislature and is a lending program that finances housing adaptations or modifications to improve accessibility for seniors and individuals with disabilities. Some examples are ramps and lifts, grab bars, widening doors, and walk in tub/showers. Loans for property owners are available in the amounts between \$1,000 and \$50,000 for modifications. These loans allow individuals to remain in their homes and help them to function on a daily basis. For more information please call or e-mail Shirley Stephens at 413-781-6045 or sstephens@pvpc.org.

### SUSPENSION OF HIP

HIP will be operating on a seasonal schedule to enable clients to use their benefits during the peak growing season. **This means that HIP will end at the close of the business day Wednesday, November 21 for the 2018 season.** We anticipate the program beginning again in the spring of 2019.

## SPONSORS



Never overpay to sell your home with my 3% and/or 4% Commission Plan!  
**www.3or4plan.com**

Michael Robie, Real Estate Broker 413-575-7236

**DAVID G. CARLSON**  
ATTORNEY AT LAW  
*Estate Planning • Wills & Trusts • Probate of Estates  
Elder Issues*

200 NORTH MAIN STREET • SUITE 6  
EAST LONGMEADOW, MA 01028  
Tel. (413) 525-1313 Fax (413) 525-7272



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East Longmeadow, MA 01028  
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John G. Dee, President



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**SKILLED NURSING AGENCY**



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ComfortPlusCaregivers.com • Medicare & Private Pay Accepted

## Meal Calendar November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Lunch Begins at Noon</b></p> <p><i>*Please reserve lunch 24 hours In advance by calling 525-5436</i></p> <p><b>**Menu Subject to Change**</b></p>	<p><b>\$3.00 Lunch Donation is Appreciated</b></p> <p><b>**1% Milk and whole grain bread or rolls served daily, unless otherwise noted**</b></p>		<p><b>1</b> Meatloaf Scalloped Potato &amp; Broccoli Casserole</p> <p>Butterscotch Pudding</p> <p>Craisins</p>	<p><b>2</b> Baked Potato Crusted Pollock with Tartar Sauce</p> <p>Coleslaw Potato Wedges</p> <p>Banana</p>
<p><b>5</b> Grilled Chicken Breast Fajita Wrap</p> <p>Romaine Lettuce with Tomatoes</p> <p>Banana Pudding</p>	<p><b>6</b> Cold plate salads</p> <p>Potato Chicken Tuna</p> <p>Hot Soup</p> <p>Apricots</p>	<p><b>7</b> Beef Stew– Goulash Style</p> <p>Egg Noodles</p> <p>Carrots and Whole Potatoes</p> <p>Pineapple</p>	<p><b>8</b> Eggplant Parmesan with Meat Sauce Over Penne</p> <p>Black Bean Salad</p> <p>Strawberry Fruit Cups</p>	<p><b>9</b> Ham Mac n' Cheese</p> <p>Stewed Tomatoes</p> <p>Mixed Fruit</p>
<p><b>12</b> <b>CENTER CLOSED</b></p> 	<p><b>13</b> Pork and Broccoli in Garlic Sauce</p> <p>Rice Pilaf</p> <p>Mandarin Oranges</p>	<p><b>14</b> Chicken Casserole Soup</p> <p>Caesar Salad with Romaine and Grilled Chicken</p> <p>Peaches</p>	<p><b>15</b> <b>Thanksgiving Luncheon at Pleasant View Senior Center Sponsored by CareOne</b></p>	<p><b>16</b> Baked Fish and Rice</p> <p>Spinach</p> <p>Red Peppers</p> <p>Sliced Apples</p>
<p><b>19</b> Spaghetti &amp; Meatballs</p> <p>Italian Vegetable Blend</p> <p>Mixed Fruit</p> <p>Fruit Bar</p>	<p><b>20</b> Baked Un-Breaded Pollock</p> <p>Sweet Potato</p> <p>Winter Squash</p> <p>Peaches</p>	<p><b>21</b> Turkey Dinner</p> <p>Mashed Potatoes, Stuffing, Butternut Squash, Green Bean Casserole, Cranberry Sauce</p> <p>Bread Pudding</p>	<p><b>22</b> <b>CENTER CLOSED</b></p>	<p><b>23</b> <b>CENTER CLOSED</b></p> 
<p><b>26</b> Open-faced Turkey Breast Sandwich with Gravy</p> <p>Beets</p> <p>Fresh Apples</p>	<p><b>27</b> Chicken Pot Pie Stew</p> <p>Peas, Carrots, Celery</p> <p>Potato</p> <p>Pineapple</p>	<p><b>28</b> Vegetable Lasagna with Grilled Chicken and Marinara Sauce</p> <p>Broccoli, Carrots &amp; Cauliflower</p> <p>Apple Sauce</p>	<p><b>29</b> Shepard's Pie</p> <p>Mixed Vegetables</p> <p>Mandarin Oranges</p>	<p><b>30</b> Low-Sodium Hot Dogs</p> <p>Baked Beans</p> <p>Sauerkraut</p> <p>Apricots and Vanilla Pudding</p>

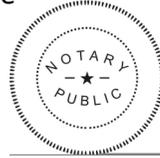
# Activities Calendar November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>* By Appointment</b></p> <p style="text-align: center;">To make an appointment or to sign up for a program at <b>The Pleasant View Senior Center</b> please call <b>413-525-5436</b></p>			<p><b>1</b> <b>Manicures*</b> 8:30 Bosu Class 9:30 Beginners Tai Chi 10:00 Billiards Lesson, Trivia 10:45 Exercise Class 12:00 Canasta 12:30 <b>Bingo</b> 1:00 Knitting</p>	<p><b>2</b> 8:00 Walkers 8:30 Exercise Class 8:45 Chair Exercise 9:30 Bean Bag Baseball 10:00 Art Class, Book Study, Cribbage 12:30 Mah-jongg 1:00 Dominoes, Needlework 2:00 Chair Yoga 4:00 Line Dancing</p>
<p><b>5</b> <b>SHINE*</b> 8:00 Walkers 8:30 Exercise Class 9:00 Chair Exercise <b>9:30 Jewelry Class</b> 10:45 Exercise Class 12:30 Pitch, Pool League 12:45 Documentary 4:15 Zumba Toning</p>	<p><b>6</b> 8:00 Breakfast Club, 8:30 Bosu Class 9:30 Tai Chi 10:30 Tai Chi 12:30 Mah-jongg 12:45 Movie</p>	<p><b>7</b> <b>Facials*</b> 8:00 Rail Trail, Walkers 8:30 Exercise Class 9:00 Chair Exercise, 10:00 Bocce, Cribbage, Deaf Seniors, Tai Chi 11:00 French 1:00 Chair Volleyball, Computer Class</p>	<p><b>8</b> 8:30 Bosu Class 9:30 Beginners Tai Chi 10:00 Billiards Lesson, <b>RSVP Table</b>, Trivia 10:45 Exercise Class 12:00 Canasta <b>12:30 Melody Band and Bake Sale</b> 1:00 Knitting</p>	<p><b>9</b> <b>Brownstone Gardens Meet &amp; Greet</b> 8:00 Walkers 8:30 Exercise Class 8:45 Chair Exercise 9:30 Bean Bag Baseball 10:00 Art Class, Book Study, Cribbage 12:30 Mah-jongg 1:00 <b>Compassion and Kindness</b>, Dominoes, Needlework 2:00 Chair Yoga 4:00 Line Dancing <b>5:00 Veterans Dinner</b></p>
<p><b>12</b> <b>CENTER CLOSED</b></p> <div style="text-align: center;">  </div>	<p><b>13</b> <b>Pedicare*</b> 8:00 Breakfast Club 8:30 Bosu Class 9:30 Tai Chi 10:30 Tai Chi 12:30 Mah-jongg 12:45 Movie</p>	<p><b>14</b> <b>License Renewals*, Support Group</b> 8:00 Rail Trail, Walkers 8:30 Exercise Class 9:00 Chair Exercise, 10:00 Bocce, Cribbage, Deaf Seniors, Tai Chi 11:00 French <b>11:15 Financial Presentation</b> 1:00 Chair Volleyball, Computer Class</p>	<p><b>15</b> <b>Manicures*, Shine*</b> 8:30 Bosu Class, <b>Blood Pressure Clinic</b> 9:30 Beginners Tai Chi 10:00 Billiards Lesson, Trivia 10:45 Exercise Class 11:00 <b>Eric Lesser Rep.</b> 12:00 Canasta 12:00 <b>Thanksgiving Luncheon and Entertainment</b> 1:00 Knitting</p>	<p><b>16</b> 8:00 Walkers 8:30 Exercise Class 8:45 Chair Exercise 9:30 Bean Bag Baseball 10:00 Art Class, Book Study, Cribbage 12:30 Mah-jongg 1:00 Dominoes, Needlework 2:00 Chair Yoga 4:00 Line Dancing Class</p>
<p><b>19</b> <b>SHINE*</b> 8:00 Walkers 8:30 Exercise Class 9:00 Chair Exercise 10:45 Exercise Class 12:30 Pitch, Pool League 12:45 Documentary 4:15 Zumba Toning</p>	<p><b>20</b> <b>Legal Consultations*</b> 8:00 Breakfast Club 8:30 Bosu Class 9:30 Tai Chi 10:30 Tai Chi 12:30 Mah-jongg 12:45 Movie</p>	<p><b>21</b> <b>Hearing Screening*</b> 8:00 Rail Trail, Walkers 8:30 Exercise Class 9:00 Chair Exercise, 10:00 Bocce, Cribbage, Deaf Seniors, Tai Chi 11:00 French 1:00 Chair Volleyball, Computer Class</p>	<p><b>22</b> <b>CENTER CLOSED</b></p> <div style="text-align: center;">  </div>	<p><b>23</b> <b>CENTER CLOSED</b></p>
<p><b>26</b> <b>Massage Therapy*, SHINE*</b> 8:00 Walkers 8:30 Exercise Class 9:00 Chair Exercise 10:45 Exercise Class 12:30 Pitch, Pool League 12:45 Documentary 4:15 Zumba Toning</p>	<p><b>27</b> <b>Reiki*</b> 8:00 Breakfast Club 8:30 Bosu Class 9:30 Tai Chi 10:30 <b>Book Club</b>, Tai Chi 12:30 Mah-jongg 12:45 Movie</p>	<p><b>28</b> 8:00 Rail Trail, Walkers 8:30 Exercise Class 9:00 Chair Exercise, 10:00 Bocce, Cribbage, Deaf Seniors, Tai Chi 11:00 French 1:00 Computer Class, Chair Volleyball</p>	<p><b>29</b> <b>Manicures*</b> 8:30 Bosu Class 9:30 Beginners Tai Chi 10:00 Billiards Lesson, <b>Louis &amp; Clark Table</b>, Trivia 10:45 Exercise Class 11:00 <b>Brian Ashe Rep.</b> 12:00 Canasta 12:30 <b>\$5 Bingo</b> 1:00 Knitting</p>	<p><b>30</b> 8:00 Walkers 8:30 Exercise Class 8:45 Chair Exercise 9:30 Bean Bag Baseball 10:00 Art Class, Book Study, Cribbage 11:15 <b>Presentation</b> 12:30 Mah-jongg 1:00 Dominoes, Needlework 2:00 Chair Yoga 4:00 Line Dancing Class</p>

## VOLUNTEER

Do you enjoy reading? Or solving math problems? **Mapleshade School and Pleasant View Senior Center** are excited to announce a possible opportunity for you to partner up with a child and become reading buddies or help enhance a child's math skills.

We are currently checking to see if there is an interest for this type of program. If you are interested please call us at 525-5436 and speak with Alicia Smith our Volunteer Coordinator.



### OPEN PANTRY

This month we are looking for:

**Instant Potatoes, Cranberry Sauce, Stuffing Mix, Cake, Cookie and Brownie Mix, Canned Meals and Hygiene Products**

Thank you everyone for your continued support and generous donations!

## DONATE FOOD HERE



### NOTARY PUBLIC

Notary Public services are now available at The Pleasant View Senior Center.

Please call Danell Tavella at 525-5436 ext. 1402 to make an appointment.

## TROLLEY



The Tri-Town Trolley is available Mon. thru Fri. 9:00 A.M. – 3:00 P.M. for East Longmeadow, Longmeadow, and Hampden Seniors. Cost is \$1 each way for in-town transportation and \$2 each way for out-of-town transportation.

Every Tuesday an additional van is run for shopping. Coverage is for grocery, banking, and other store shopping in East Longmeadow or to Allen & Cooley Street in Springfield.

**\*\* All shuttle transportation is**

**\$1 each way for in town transportation and \$2 each way for out-of-town transportation\*\***

48-72 hour notification is required for booking any transportation. **For medical appointments we recommend calling as soon as you schedule your appointment.** Please call 525-5412.

## COA LIAISONS

### **Police Department**



Daniel Atwater  
413-525-5440

### **Fire Department/Fire and Life Safety**



Chris Beecher  
413-525-5430

## PLEASANT VIEW STAFF AND CONTACTS

**Carolyn Brennan**  
Executive Director

**Alicia Smith**  
Program And Volunteer  
Coordinator  
Ext. 1406

**Terry Glusko**  
Transportation  
Coordinator  
Ext. 1410

**Grace Busto**  
Chef

**Lissa Fontaine, R.N.**  
Health Educator  
Ext. 1407

**Sharon Giordano**  
Bookkeeper  
Ext. 1405

**Barbara Fenney**  
Dispatcher  
Ext. 1410

**Margit Daley**  
Kitchen Assistant,  
Dishwasher

**Danell Tavella**  
Community Services  
Ext. 1402

**Meralee Kratovil**  
Office Manager  
Ext. 1404

**Leah Weaver**  
Administrative Assistant  
Ext. 1404

**Sandy Bell**  
Meal Site  
Coordinator



**MON - FRI: 8:00 a.m. – 4:00 p.m. | 413-525-5436**