

News From the View

Pleasant View Senior Center-The Center of It All

328 NORTH MAIN ST. EAST LONGMEADOW, MA 01028 | MON - FRI: 8 a.m. – 4 p.m. | 413.525.5436



NOTE FROM THE DIRECTOR

Greetings from the Council on Aging! The doors may be locked here, but we are working diligently behind closed doors and from our homes.

What's Happening IN the building?

- * Most of the building is being used as a staging area for our Food Pantry. By appointment, residents in need of food can call the COA and set up a time to get groceries from our pantry. The items are left outside so there is no one on one contact.
- * We also continue to get food donations which go through our staging area to disinfect and sort.
- * On Monday, Wednesday and Friday meals are cooked and delivered to homebound seniors.
- * The phone is staffed for the majority of the day and when we aren't able to answer all messages are returned from staff at home.

What's happening OUTSIDE of the building?

- * The community at it's finest is showing up to help our isolated seniors! Thank you to Fazio's Restaurant, The Knights of Columbus and Three Guys Catering for providing 100's of meals to town seniors.
- * Our Mobile Food Pantry brings food to those that are in need of assistance and can not drive.
- * Devoted volunteers continue to deliver meals to our clients. We could not provide this service without these special people. Due to an increase in referrals we recently added another route to accommodate the 60 clients in need of a meal.

As we wait for the "re-entry" for regular programming and town offices to open, we are working on a safe plan to welcome everyone back. We will be working closely with the Health Department to develop a plan and we will do our best to communicate that information through social media and our call out system.

WE MISS YOU! We want all of you to know we are here, we are providing information, answering questions and encouraging phone calls and messages.

If you are on Facebook, check out Pleasant View Senior Center. Our staff is posting daily and finding ways to keep people engaged and entertained.

See you all soon ~ *Carolyn*

SENIOR SHOPPING HOURS

Many local stores are offering special hours 7 days a week for Seniors to shop

Big Y 7:00am - 8:00am Stop & Shop 6:00am -7:30am CVS 9:00am - 10:00am Walgreens 8:00am - 9:00am

RESOURCE REPORT

GREATER SPRINGFIELD SENIOR SERVICES

GSSSI is providing essential services for our community. They have expanded call in hours to assist senior citizens in response to the ongoing pandemic. **Services offered include:** personal care, light housekeeping, adult day care, care management and coordination, caregiver support, information and referral, and protective services for victims of elder abuse. The Information and Referral Department has extended hours for calls from 8:00am - 8:00pm. For assistance please call **413-781-8806 Ext. 452**

UNEMPLOYMENT UPDATE

Due to the volume DUA is experiencing at this time the fastest way to process a claim is online. **To apply for benefits online visit:** <https://www.mass.gov/resource/information-on-unemployment-and-coronavirus-covid-19>

SNAP/HIP UPDATE

About 55% of SNAP households are receiving extra funds for April and May. Only active recipients not receiving the maximum benefit will receive this supplement. Households are being notified by phone or text. The text reads, "In response to COVID-19, you will be receiving extra SNAP. Check your balance at DTA-Connect or by calling the number on the back of your EBT card."

CROW RIVER FARM and EAST LONGMEADOW COUNCIL ON AGING team up to bring local residents a Farm Share Program. The program will run for ten weeks, from July 8th through September 9th. A five week half share option is also available. SNAP/HIP recipients can use their benefit to pay for their share. For more information please contact Kerisa Fitzgerald of Crow River Farm at 285-5322 or by email at kerisaperazella@gmail.com or Danell Tavella at 525-5436. Sign ups will be accepted until May 22nd, space is limited.

EAST LONGMEADOW EMERGENCY HOTLINE **413-486-9000**

The Town of East Longmeadow has a hotline available for emergency information.

Governor Baker issued a state wide mask advisory asking people to wear a mask if they have to go out in public. If you need a mask The EL Health Department is filling mask requests on a first come first serve basis. To request a mask online please visit www.eastlongmeadowma.gov/645/health-department

Once your request is ready, you will receive an email notifying you and giving you pick-up instructions. If you do not have access to the internet please call the East Longmeadow hotline to request a mask.

Please continue to practice social distancing and frequently wash your hands

The Town of East Longmeadow has extended the due date for payment of property tax bills from 5/1/2020 to 6/1/2020

REGISTRY OF MOTOR VEHICLES UPDATE



Vehicle Registrations

All passenger plate registrations that have expired in March or will be expiring in April have been extended for 60 days. Registrations that expired in March have been extended until May 31st and registrations that expire in April have been extended until June 30th. Registration renewals can continue to be performed online at Mass.Gov/RMV during this time.

Inspection Stickers

All commercial and non-commercial vehicle inspection stickers that expire on March 31, 2020 (designated by a number 3 on the inspection sticker) must be inspected by May 31, 2020.

All commercial and non-commercial vehicle inspection stickers that expire on April 30, 2020 (designated by a number 4 on the inspection sticker) must be inspected by June 30, 2020.

Driver's Licenses, ID cards, and Learner's Permits

All Driver's Licenses, ID cards, and Learner's Permits, including Commercial Licenses & Permits, that have expired or are expiring between March 1, 2020 and April 30, 2020, have had a 60-day extension.

Real ID's:

Americans will now have until Oct. 21, 2021, to comply with the Real ID Act, pushing the original deadline back by a year.

THANK YOU



We would like to say a huge THANK YOU to all of our volunteers for everything they do!

From delivering meals to our Meals on Wheels participants, assisting our chef with daily meals, keeping our pantry stocked, assisting with programs and events, answering phones in the office, to helping with day to day needs, you are all amazing and we could not do what we do without you.

We would also like to thank every person who has reached out to us to help during this time of pandemic. It has been amazing to see the huge response of volunteers who want to help those in need and we thank you from the bottom of our hearts. *If you are interested in volunteering with us please call our Volunteer Coordinator, Alicia Smith at 413-525-5436 ext. 1406.*

PROGRAM UPDATES

At this time the Senior Center remains closed. All programs, activities and transportation services have been suspended. If you previously had an AARP tax appointment scheduled with us, we will call you to reschedule as soon as possible. Federal Tax and Massachusetts State Tax Deadlines have been extended to July 15, 2020.

Online Piano/Keyboard Lessons

Professional singer, Laurie Festa, who has performed for us many times, is offering online piano and keyboard lessons for those who are interested in learning or fine tuning their craft. The lessons are available through Falcetti Music. Call 413-543-1002 for more information or visit their website at www.falcettimusic.com. Your first lesson is FREE. Additional lessons are \$25 per 30 minute weekly lesson. **What you will need:** a piano or keyboard, internet connection, and a device capable of video conferencing such as a laptop, smartphone, or tablet. If you would like to learn with Laurie be sure to ask for her specifically.



Stay connected with us on Facebook! If you haven't already, be sure to like and follow our Facebook Page, Pleasant View Senior Center. We post updates on COVID-19, trivia questions, online concerts, and more! *Thank you to Sixteen Acres Healthcare Center in Springfield for sponsoring our Noah Lis Facebook Live concert that was enjoyed by many!*



Responses to the 2020 Census will influence funding in our community for services that help EVERY generation. Beginning in Mid-March you can respond to the census online, by phone or by mail. From May - July 2020, census takers will visit households that have not yet responded. A census taker can assist if you need help filling out the form. Your personal information is kept confidential by law.

Responding to the Census helps influence funding for your community!

OTHER RESOURCES

Dial 211: The Massachusetts Department of Public Health is providing real time COVID-19 information, resources, and referrals. All calls are free and confidential.

For information about scams related to coronavirus testing call the Massachusetts Medicare Patrol Program at 800-892-0890.

United Way of the Pioneer Valley has an updated page of community resources and needs relative to the COVID-19 emergency. Go to <https://www.uwpv.org/covid19> for more information.

FOOD PANTRY



The Pantry is still receiving donations on Monday, Wednesday and Friday's from 9:00 - 1:00. Please call to schedule a drop off. *Thank you everyone for your countless donations and continued support!*

Donations needed for the Food Pantry: Canned Meals (Ravioli, Stews, Chowder), Oatmeal, Cereal, Peanut Butter, Jelly, Crackers, Paper Towels, Toilet Paper, Soap, Shampoo and Incontinence Supplies

MOBILE FOOD PANTRY PROGRAM

The Mobile Food Pantry is brought to you by the Community Development Fund Program in conjunction with the Pleasant View Senior Center. The Mobile Food Pantry is designed to aid residents facing barriers such as transportation, mobility and other needs. **For further information please call Tracey Walz at 525-5436 ext. 1408.**



MEMORIAL DONATIONS



A special thank you to Thomas and Carla Florence for their donation in memory of Ernie Booth, to Katherine Pucci for her donation in memory of Nathan Bailey, to Walter LaBroad for his donation in memory of Diane Thompson, to Scott and Colleen Grabowski for their donations in memory of Mike Redin, Gloria Oakes, Phyllis Rathbun and Betty Correale and to Jean and Theodore Medrek, Richard and Theresa Moriarty and Christine Millen for their donations in memory of Kay Thompson.

COA LIAISONS

Police Department



Daniel Atwater
413-525-5440

Fire Department/Fire and Life Safety



Chris Beecher
413-525-5430

PLEASANT VIEW STAFF AND CONTACTS

Carolyn Brennan
Executive Director

Sharon Giordano
Accountant
Ext. 1405

Tracey Walz
Food Pantry Coordinator
Ext. 1408

Stephen Plifka
Chef

Lissa Fontaine, R.N.
Health Educator
Ext. 1407

Meralee Kratovil
Office Manager
Ext. 1404

Terry Glusko
Transportation Coordinator
Ext. 1410

Sandy Bell
Meal Site Coordinator
Ext. 1413

Danell Tavella
Community Services
Ext. 1402

Leah Weaver
*Administrative Assistant/
Social Media Coordinator*
Ext. 1404

Barbara Fenney
Dispatcher
Ext. 1410

Margit Daley
*Kitchen Assistant,
Dishwasher*

Alicia Smith
*Program And
Volunteer Coordinator*
Ext. 1406

www.facebook.com/elseniors
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Michael Robie, Real Estate Broker 413-575-7236

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*Estate Planning • Wills & Trusts • Probate of Estates
Elder Issues*

200 NORTH MAIN STREET • SUITE 6
EAST LONGMEADOW, MA 01028
Tel. (413) 525-1313 Fax (413) 525-7272

Meals on Wheels Meal Calendar May 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>**1% Milk and whole grain bread or rolls served daily, unless otherwise noted**</p> <p>\$3.00 Lunch Donation is Appreciated</p> <p>**Menu Subject to Change**</p>				<p>1</p> <p>Chicken Breast Broccoli Alfredo</p> <p>Ziti</p> <p>Tossed Salad</p> <p>Peaches</p>
<p>4</p> <p>Crispy Fish Sandwich on a Bun</p> <p>Dill Carrots</p> <p>Steamed Corn</p> <p>Fresh Fruit</p>	<p>5</p>	<p>6</p> <p>Chicken Breast Paprika</p> <p>Yellow Rice</p> <p>Mixed Vegetables</p> <p>Cornbread</p> <p>Mandarin Oranges</p>	<p>7</p>	<p>8</p> <p>Baked Stuffed Chicken Breast</p> <p>Steamed Spinach</p> <p>Mashed Yams</p> <p>Pineapple</p>
<p>11</p> <p>Macaroni and Cheese</p> <p>Stewed Tomatoes</p> <p>Fruit</p>	<p>12</p>	<p>13</p> <p>Meatloaf with Mushroom Gravy</p> <p>Garlic Mashed Potatoes</p> <p>Steamed Peas</p> <p>Mixed Fruit</p>	<p>14</p>	<p>15</p> <p>Chicken Cordon Bleu</p> <p>Mashed Yams</p> <p>Steamed Spinach</p> <p>Mandarin Oranges</p>
<p>18</p> <p>Hot Dog on a Bun</p> <p>Baked Beans</p> <p>Potato Salad</p> <p>Mixed Fruit</p>	<p>19</p>	<p>20</p> <p>Meatball Stroganoff with Egg Noodles</p> <p>Brussel Sprouts</p> <p>Fresh Fruit</p>	<p>21</p>	<p>22</p> <p>Fish Tacos</p> <p>Coleslaw</p> <p>Yellow Rice</p> <p>Mandarin Oranges</p>
<p>25</p> <p>CENTER CLOSED</p> 	<p>26</p>	<p>27</p> <p>White Bean Turkey Chili</p> <p>1/2 Baked Potato</p> <p>Garlic Green Beans</p> <p>Mixed Fruit</p>	<p>28</p>	<p>29</p> <p>Chicken Breast Marsala</p> <p>Ziti</p> <p>California Blend Vegetables</p> <p>Peaches</p>