



News From the View

Pleasant View Senior Center-The Center of It All

328 NORTH MAIN ST. EAST LONGMEADOW, MA 01028 | MON - FRI: 8 a.m. – 4 p.m. | 413.525.5436



JUNE HIGHLIGHTS

Due to the Coronavirus outbreak the Senior Center was closed for all activities and most services including transportation on March 12th. At this time the Pleasant View Senior Center remains closed to our patrons, however the staff is still working hard and here to help! We are providing essential services and delivering Meals on Wheels. Our food pantry is open by appointment only and our Mobile Food Pantry continues to deliver food to those who are in need of assistance and can not drive. We are working closely with the Health Department to develop a plan for a safe re-opening. We would like to thank our community and our many volunteers that have offered to help during this time of need, your services have been invaluable!

EAST LONGMEADOW EMERGENCY HOTLINE 413-486-9000

Governor Baker issued a state wide mask advisory requiring people to wear face masks or cloth face coverings in public places where social distancing is not possible. Exceptions include children under the age of 2 and those unable to wear a mask or face covering due to a medical condition. If you need a mask The East Longmeadow Health Department is filling mask requests on a first come first serve basis. To request a mask online please visit www.eastlongmeadowma.gov/645/health-department. Once your request is ready, you will receive an email notifying you and giving you pick-up instructions. If you do not have access to the internet please call the East Longmeadow hotline to request a mask. **We also have a limited number of masks available for seniors at the center, if you need a mask please call 525-5436.**

SENIOR SHOPPING HOURS

Many local stores are offering special hours 7 days a week for Seniors to shop

Big Y 7:00am - 8:00am Stop & Shop 6:00am -7:30am CVS 9:00am - 10:00am Walgreens 8:00am - 9:00am

RESOURCE REPORT

FOOD PANTRY

The Pantry is still accepting donations. Please call 525-5436 to schedule a drop off. **Thank you everyone for your countless donations and continued support!**

Donations needed for the Food Pantry: Canned Meals, Oatmeal, Cereal, Pancake Mix, Muffin and Bread Mix, Peanut Butter, Jelly, Syrup, Crackers, Soap, Shampoo and Incontinence Supplies.

MOBILE FOOD PANTRY PROGRAM

The Mobile Food Pantry is brought to you by the Community Development Fund Program in conjunction with the Pleasant View Senior Center. The Mobile Food Pantry is designed to aid residents facing barriers such as transportation, mobility and other needs. **For further information please call Tracey Walz at 525-5436 ext. 1408.**



JUNE SPECIAL NOTES

At this time the Senior Center remains closed. All programs, activities and transportation services have been suspended. If you previously had an AARP tax appointment scheduled with us, we will call you to reschedule as soon as possible. Federal Tax and Massachusetts State Tax Deadlines have been extended to July 15, 2020.

Keep a lookout on our website and Facebook page for scheduled programming. You can also call us at 525-5436 for updated programming information.



Would you like a puzzle or a book? We have a volunteer that is delivering puzzles and books to East Longmeadow Seniors on Friday afternoons. If you would like a puzzle or a book please call the center at 525-5436 and we will arrange to have one dropped off on your doorstep.



Stay connected with us on Facebook! If you haven't already, be sure to like and follow our Facebook Page, Pleasant View Senior Center. We post updates on COVID-19, online programming, online concerts, and more!

RESOURCE REPORT



While our Shine Volunteer is not able to meet in person she is still available to help! If you have questions about Medicare enrollment, Part D prescription plans and/or Medicare Advantage plans she will try to assist you over the phone. To schedule a phone appointment please call 525-5436.



Responses to the 2020 Census will influence funding in our community for services that help EVERY generation. Beginning in Mid-March you can respond to the census online, by phone or by mail. If you need assistance please call 525-5436.

GREATER SPRINGFIELD SENIOR SERVICES



GSSSI is providing essential services for our community. They have expanded call in hours to assist senior citizens in response to the ongoing pandemic. **Services offered include:** personal care, light housekeeping, adult day care, care management and coordination, caregiver support, information and referral, and protective services for victims of elder abuse. The Information and Referral Department has extended hours for calls from 8:00am - 8:00pm. For assistance please call **413-781-8806 Ext. 452**



If you need assistance applying for the Supplemental Nutrition Assistance Program (SNAP) please call Danell Tavella, Director of Community Services at 525-5436.



FOOTCARE/PEDICARE
by appointment 525-5436
Cost is \$29, Home Visit \$50
June 9th
(pending center re-opening)

CROW RIVER FARM and EAST LONGMEADOW COUNCIL ON AGING team up to bring local residents a Farm Share Program. The program will run for ten weeks, from July 8th through September 9th. A five week half share option is also available. SNAP/HIP recipients can use their benefit to pay for their share. For more information please contact Kerisa Fitzgerald of Crow River Farm at 285-5322 or by email at kerisaperazella@gmail.com or Danell Tavella at 525-5436. **Sign ups will be accepted until spots are full.**

Meals on Wheels and Curbside Meal Calendar June 2020

Monday	Tuesday	Wednesday	Thursday	Friday
1 American Chop Suey California Blend Vegetables Pineapple		3 Lemon Chicken Garlic Green Beans Scalloped Potatoes Applesauce		5 Fish Sticks Coleslaw Steamed Corn Peaches
8 Red and White Bean Beef Chili Broccoli White Rice Fresh Fruit		10 Chicken Cordon Bleu Sautéed Spinach Mashed Butternut Squash Mandarin Oranges		12 Meatball Sandwich on a Roll Cauliflower Oven Seasoned Potato Wedges Pineapple
15 Eggplant Rollatini Steamed Broccoli Ziti Pears		17 Chicken Fajitas with Pepper and Onions Yellow Rice Fruited Jell-O		19 Cape Cod Tuna Salad Three Bean Salad Tossed Salad Fruit
22 Chicken Breast Stuffed with Broccoli and Cheese Sautéed Spinach Mashed Yams Mandarin Oranges		24 Beef Tacos Southwestern Vegetables Yellow Rice Pudding		26 Breaded Pollock Filet Brussel Sprouts Mashed Potatoes Peaches
29 Shepard's Pie with Mashed Potato Top Carrots and Peas Apple Sauce	30 	During the month of June we will be offering curbside meal pickup on Monday and Wednesday's. Meals are \$3 and can be picked up in the Senior Center parking lot at 11:30. If you would like to order a curbside lunch please call 525-5436 at least a day in advance by 1:00pm.		**1% Milk and whole grain bread or rolls served daily, unless otherwise noted** \$3.00 Lunch Donation is Appreciated **Menu Subject to Change**

MEMORIAL DONATIONS

A special thank you to Tom and Cindy Barrett, Charles Reiter, The Scanlon Children and Jeff and Suzanne Reed for their donations in memory of Kay Thompson, to Walter LaBroad and Family for their donation in memory of Donald Burd and to Marguerite Beusee for her donation in memory of Nathan Bailey.



A NOTE FROM THE STAFF



**We miss everyone and
look forward to
opening our doors
again soon!**

COA LIAISONS

Police Department

Daniel Atwater
413-525-5440



Fire Department/Fire and Life Safety

Chris Beecher
413-525-5430



Veterans Agent

John Comerford
413-267-4140

Tue and Thur

10:00 a.m. to 12:00 p.m.

PLEASANT VIEW STAFF AND CONTACTS

Carolyn Brennan
Executive Director

Lissa Fontaine, R.N.
Health Educator
Ext. 1407

Danell Tavella
Community Services
Ext. 1402

Alicia Smith
*Program And
Volunteer Coordinator*
Ext. 1406

Sharon Giordano
Accountant
Ext. 1405

Meralee Kratovil
Office Manager
Ext. 1404

Leah Weaver
*Administrative Assistant/
Social Media Coordinator*
Ext. 1404

Tracey Walz
*Food Pantry
Coordinator*
Ext. 1408

Terry Glusko
*Transportation
Coordinator*
Ext. 1410

Barbara Fenney
Dispatcher
Ext. 1410

Stephen Plifka
Chef

Sandy Bell
*Meal Site
Coordinator*
Ext. 1413

Margit Daley
*Kitchen Assistant,
Dishwasher*

www.facebook.com/elseniors



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