



FEBRUARY 2022

# News From the View

## Pleasant View Senior Center-The Center of It All

328 NORTH MAIN ST. EAST LONGMEADOW, MA 01028 | MON - FRI: 8 a.m. – 4 p.m. | 413.525.5436



### FEBRUARY HIGHLIGHTS

Due to the rise in COVID-19 cases locally, we have been evaluating risk regularly and making program changes as necessary. To help protect our participants and staff, as of this printing (January 13, 2022), we have implemented capacity limits and anyone entering the Senior Center must wear a mask. Please remember masks must be kept on at all times including when participating in programs, activities and fitness classes. We encourage everyone to continue to practice social distancing. If you are not feeling well please stay home. Thank you for your cooperation as we continue to try and keep everyone safe and healthy with as little cancellation as possible. Please sign up for all programs by calling 525-5436, or by using [www.myactivecenter.com](http://www.myactivecenter.com). Signing up for programs ensures that, in the event we need to cancel a program, we will be able to contact you. Signing in while you are here allows us to notify you if you were a close contact of someone who has tested positive for COVID-19. Thank you in advance for your patience and understanding!



**Fix-It Clinic Friday, February 4th from 1:00-3:00** The East Longmeadow Health Department and Pleasant View Senior Center will be offering a Fix-It Clinic on February 4th from 1:00-3:00. Fix-It Clinics offer free, guided assistance from volunteers with repair skills to disassemble, troubleshoot, and (hopefully) fix small household appliances, clothing, electronics, mobile devices and more. If you have such items you would like repaired, call us today to schedule an appointment at 525-5436. If you would like to volunteer and are skilled in soldering, electronics repair, electrical repair, sewing, woodworking and/or general tinkering, call 525-5436 x1406.



**Welcome to Milan! Thursday, February 10th at 10:00** Join us in person at our Center for a live virtual tour straight from the streets of Milan, Italy! Our tour guide will show us highlights of the city while you enjoy some Italian treats. Due to limited space, FREE registration is required by February 9th. Please call 525-5436 to register. This program is in partnership with Beeyonder.



**How to Use MyActiveCenter (MAC) Friday, February 11th at 10:30** Join us to learn how to use our new online registration format for our programs! Register by calling 525-5436.



**Crafts with Rose Tuesday, February 15th at 1:00** Join us for our NEW monthly craft class on the third Tuesday of the month. This month we will be making rose candle holders. Price is \$7 per person. All materials will be supplied. Space is limited. Registration is required by calling 525-5436.

## FEBRUARY HIGHLIGHTS

**INCLEMENT WEATHER POLICY** When the EL Public Schools are closed due to weather, there will be no in house lunch, meals on wheels, or programming. When the EL Public Schools are **delayed** due to weather, there will be no programs that were scheduled during the delay. Staff will be in the building to answer questions and for emergencies unless Town Hall is closed. Please watch WGGB Channel 40 and WWLP Channel 22 for updates.



**Birthday Bash Wednesday, February 2nd at 12:00** If your birthday is in the month of February, join us for a **FREE** lunch! All others will be charged \$3. Dessert sponsored by Glenmeadow. Please register by calling 525-5436.



**Italian Class is Back! Wednesdays at 10:30, beginning February 2nd.** This 8 week session will be \$5 per class. Beginner and intermediate levels are welcome. Please register by calling 525-5436.



**How to Care for Aging Hair, Skin and Nails Monday, February 7th at 12:15** People are living longer and mortality rates are lower. The 55 and over demographic is the fastest growing age group in the U.S., totaling over 40 million people. Many may experience different challenges with their hair, skin and nails and it's helpful to know what to look for and the treatments available to looking and feeling good. Please register by calling 525-5436. Presented by Caregiver Homes and Fallon Navicare.



**Intergenerational Music Circle Friday, February 18th at 2:30** Do you enjoy sharing your life stories and learning from others? Join us for this intergenerational circle where we will share and learn from others of all ages. We are happy to have musical guest David Maloof with us to share his interactive Ukulele Show. For more information and to register, please call 525-5436.



**Treatments for Parkinson's Disease and Deep Brain Stimulation for Movement Disorders Thursday, February 23rd at 12:30** Dr. Richard Ogbuji from Baystate Medical Center will lead a discussion on the role of deep brain stimulation in treating movement disorders, what to expect from the surgery, who is a good candidate, and the current best clinical evidence in the field. Dr Ogbuji is a functional neurosurgeon specializing in care for movement disorders. He graduated from SUNY Upstate Medical University, trained in neurosurgery at Tufts Medical Center in Boston, and did functional neurosurgery fellowship at Mount Sinai in New York City. To register for this presentation, call us at 525-5436. Organized by Abbott.



**Dealing with Debt February 28th at 10:30** The Office of Massachusetts Attorney General Maura Healey is excited to offer a brand new training that highlights different techniques for dealing with your debt and debt collectors. This presentation will educate you on numerous ways you can take on your debt with confidence through tips and resources from their trained consumer specialists.

*We would like to thank UNICO for hosting their annual UNICO Christmas Party for us this past December.*

*Our participants enjoyed a delicious pasta dinner and had the opportunity to win raffle prizes!*

*We would also like to thank the Knights Of Columbus 4306 for donating \$4000 worth of gift cards to our Center over the holidays for us to randomly distribute to East Longmeadow residents!*



thank you

# PLEASANT VIEW CINEMA

Join us **Tuesday's at 12:30** to enjoy a movie or a documentary

*Movies and Documentaries are liable to change based on availability*



**February 1st *Red Notice*** 2021, PG-13, 1h 57min: An FBI profiler pursuing the world's most wanted art thief becomes his reluctant partner in crime to catch an elusive crook who is always one step ahead. Comedy, Action. Starring Dwayne Johnson, Gal Gadot and Ryan Reynolds.



**February 8th *The Shack*** 2017, PG-13, 2h 12min: After the abduction and presumed death of his youngest daughter, Mack receives a letter and suspects it is from God, asking him to go to The Shack where he has an encounter that forever changes his life.



**February 15th *My Perfect Romance*** 2018, PG, 1h 31min: Just in time for Valentine's Day, a program developer pitches a revolutionary dating algorithm for an online dating app to her new CEO, who volunteers them both as guinea pigs to try it out.



**February 22nd *Darkest Hour*** 2017, PG-13, 2h 5min: As the threat of Nazi invasion looms, newly appointed British Prime Minister, Winston Churchill, rallies a nation to fight for its very survival. Based on true events.

## RECREATION

**ART CLASS** with Jeff Kerns Fridays 10:00 A.M. \$15  
*\*Must bring your own supplies*



**BEAN BAG BASEBALL** Fridays 10:00 A.M.

**BREAKFAST CAFÉ** Tuesdays 8:00 - 10:00

**BILLIARDS** Mon - Fri 8:00 A.M. to 4:00 P.M.

League Play Mondays 10:00 A.M. - 12:00 P.M.

Free Instruction Thursdays 10:00 A.M.

**BOCCE** Will resume in the Spring

**BOOK CLUB** Tuesday, February 22nd at 10:30

*The Girl with the Louding Voice* by Abi Dare

**CHAIR VOLLEYBALL** Wednesdays 1:00 P.M.

**COMPUTER CLASS** Wednesday, February 16th  
1:00 P.M. - 3:00 P.M.

**FRENCH GROUP** Tuesdays 11:00 A.M.

*\*All conversation is in French*

**HANDCRAFTING** Thursdays 1:00 P.M.

### **NEW Friendship Thursdays!**

Join us on Thursdays at 12:30 for Friendship Thursdays

**February 3rd** \$2 Bingo, 4 Cards for \$2

**February 10th** Wacky Trivia

**February 17th** 12:45 Music Performance by Brad Shepard

**February 24th** \$5 Bingo, 4 cards for \$5

### **MORNING GLORY WALKERS**

Monthly Meeting Monday, February 14th 9:00

**ORIGAMI** Cancelled until further notice

**TRIVIA In House** Thursdays 10:00 A.M.

**TRIVIA Online** Tuesdays 11:00 A.M.

**TECH HELP** February 9th & 23rd

By appointment please call 525-5436

### **CARDS AND GAMES**

**CANASTA** Thursdays 12:00 P.M.

**CRIBBAGE** Wednesdays 10:00 A.M.

**DOMINOES** Fridays 1:00 P.M.

**MAH-JONGG** Tuesdays 12:30 P.M.

**PITCH** Mondays 12:30 P.M.



**Please sign into My Senior Center while you are here!** We use your sign-ins to communicate cancellations and changes. We also use your sign-ins to trace contacts and notify seniors who may have been in contact with someone who has tested positive for COVID-19. Signing in will arm you with the information you need to make educated choices related to your health and assure that you are not missing important information. Thank you!

We now have another registration option called **myactivecenter**. You can continue to register by phone (413-525-5436) or in person, or you can try myactivecenter!

Go to [www.myactivecenter.com](http://www.myactivecenter.com) and click "New User" in the upper right corner.

1. Click "Yes, I have a key tag" if you do! If you do not have a key tag, visit our office.
2. Find us by typing in "Town of East Longmeadow" and Activate Account.
3. You should then see the program options and be able to sign up, and see further details.

*myactivecenter*

## FITNESS PROGRAMS

**Fitness Room Open Monday - Friday from 8:00-4:00** The Fitness Center includes state of the art cardio machines and weight stations. An annual medical clearance form is required. Fitness cards are 20 visits for \$10, \$15 for out of town residents. *Age 90+ no charge.*

**Chair Exercise DVD Monday, Wednesday and Friday from 9:15-10:15** in the Auditorium, free.

**Advanced Exercise DVD \*NEW TIME\*** Monday, Wednesday and Friday from 9:10-10:10 in the Media Room, free.

**Line Dancing Tuesdays at 10:00** at the senior center, \$3 per class.

**Tai Chi Tuesdays at 9:00** This FREE class is held at the First Congregational Church.

**Silver Sneakers Monday and Fridays 2:00-3:00** at the senior center. Designed for seniors of all fitness levels and led by an instructor from HealthTrax. A class pass is required and can be purchased at the senior center 6 classes for \$10.



## PANTRY PROGRAM

*Thank you to the community for your generous donations over the holidays!*

**We accept donations year round Monday-Friday from 9-3. Over the winter we will be in need of toilet paper, laundry detergent, tissues and dried fruits and nuts.**



**MOBILE FOOD PANTRY PROGRAM** The Mobile Food Pantry is brought to you by the Community Development Fund Program in conjunction with the Pleasant View Senior Center. The Mobile Food Pantry is designed to aid residents facing barriers such as transportation, mobility and other needs. The mobile pantry van has its snow tires on and is ready to continue making food deliveries during the winter. Please call the pantry or main office if you are in need of food and hygiene items. We can make temporary deliveries if you are sick at home, recuperating from surgery or if you are disabled and unable to get to the store.

**For further information please call our Food Pantry Coordinator Elizabeth Baron at 525-5436.**

## ESSENTIAL SERVICES

### LEGAL CONSULATION

By appt. February 15th  
Dave Carlson, Attorney  
525-5436

### NOTARY PUBLIC SERVICES

By appt. with Danell Tavella  
525-5436 ext. 1402

### SHINE COUNSELOR

Medicare Assistance  
By appointment 525-5436

## HEALTH AND WELLNESS

### FOOTCARE/PEDICARE

by appointment 525-5436  
Cost is \$30, Home Visit \$55  
February 8th

### HEARING SCREENING

Free Screening by Baystate Hearing Center  
by appointment 525-5436  
February 16th

### MANICURES

by appointment  
Cathy Rasid, LM 413-335-7422  
February 10th and 24th

## SPONSORS

Would you like your business or company to reach over 5,000 households each month through The Reminder? For information please contact Meralee at 413-525-5436.

*We hope you support our valued sponsors!*

 THE REAL ESTATE MARKET CENTER	Never overpay to sell your home with my 3% and/or 4% Commission Plan! <b>www.3or4plan.com</b>
Michael Robie, Real Estate Broker    413-575-7236	



<b>DAVID G. CARLSON</b> ATTORNEY AT LAW <i>Estate Planning • Wills &amp; Trusts • Probate of Estates</i> Elder Issues
200 NORTH MAIN STREET • SUITE 6 EAST LONGMEADOW, MA 01028 Tel. (413) 525-1313    Fax (413) 525-7272

## RESOURCE REPORT



**AARP TAXES** Unfortunately, due to a volunteer shortage, AARP will not be preparing taxes at our center this year. Please call us for more information about local senior centers that are offering free tax assistance 525-5436.



**DISPATCH HEALTH** provides quality healthcare from the convenience of your home. They have partnered with leading health insurance companies including Medicare to make medical care at home quick, easy and affordable 7 days a week from 8am-10pm. Dispatch Health will assess your symptoms and will test for COVID-19, flu and strep. They will determine the tests and treatments you might need. Your cost for the visit is typically the same as a traditional urgent care visit.

*For more information or to request a visit call 888-908-0553*



**FUEL ASSISTANCE** *The Valley Opportunity Council, Inc. is an energy assistance program that can help you pay for heating your house or apartment during the heating season, between NOV 1 and APR 30 of each year.* This program can help you pay for any fuel that you use, including but not limited to: oil, propane, natural gas, or electric. **Please call Danell Tavella @ 525-5436 ext. 1402 for further information.**

Yearly Income	
Family Size	Income Limit
1	\$40,951
2	\$53,551
3	\$66,151
4	\$78,751



### **SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)**

Do you need help purchasing food? You may be eligible for the Supplemental Nutrition Assistance Program (SNAP), formerly known as food stamps. If eligible, SNAP provides a monthly benefit to buy nutritious foods. Benefits are provided on an EBT card, used like a bankcard, to buy food at grocery stores. **Pleasant View Senior Center is here to help!** Contact Danell Tavella at 525-5436 ext. 1402 to make an appointment. Please do not delay if you are experiencing food insecurity. We are available to help with your application, recertification and accessing information about your account.

The East Longmeadow Council on Aging is a proud SNAP Outreach Partner with the Department of Transitional Assistance (DTA).

Monthly Income (10/1/21—9/30/22)	
Family Size	Income Limit
1	\$2,148
2	\$2,904
3	\$3,660
4	\$4,418

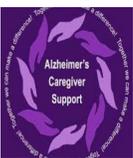


**Sand for Seniors** We are partnering with the Hampden County TRIAD Program and the East Longmeadow Fire Department to bring **Sand for Seniors** to East Longmeadow. We have a limited amount of buckets to provide to eligible seniors and disabled persons who are physically or financially unable to acquire their own bucket of ice melt product. Buckets are delivered and can be refilled when empty. If you are interested in a bucket of sand, please call the senior center at 413-525-5436.

Dementia Friendly



**Dementia Friendly Kickoff** Stay tuned to hear more as East Longmeadow works to become a Dementia Friendly Community. A Dementia Friendly Community is a city, town or village where people with dementia are understood, respected and supported. In a dementia-friendly community, people will be aware of and understand dementia, so that people with dementia can continue to live in the way they want to and in the community they choose. Over the course of 2022, we will be holding a variety of community events and educational opportunities for the community to become involved in the initiative.



**Alzheimer's Caregiver Support Group** for people caring for a loved one living with Alzheimer's disease or a related dementia. **The group will meet monthly on the 2nd Wednesday of the month. This month we will meet on February 9th.** Facilitated by Carol Sachs, PhD and Lissa Fontaine, RN. For more information please call 525-5436. Pre-registration is necessary.

## MEMORIAL DONATIONS



A special thank you to Barbara Fazio for her donation in memory of Nick Mushenko.



# Meal Calendar February 2022



We are now offering In-House Dining and Curbside Pick-Up Monday - Friday  
 Curbside Meals can be picked up in the Senior Center parking lot at 11:00  
 In-House Meals are served in the Auditorium at 12:00  
 If you would like to order lunch please call 525-5436 at least a day in advance by 1:00pm.  
 \$3.00 Lunch donation is appreciated \*Please bring exact change

Monday	Tuesday	Wednesday	Thursday	Friday
 <b>FEBRUARY</b>	1 Baked Macaroni and Cheese with Ham	2 Pot Roast 	3 Beef Stroganoff	4 Chicken Pot Pie
7 BBQ Chicken Leg	8 American Chop Suey	9 Roast Pork	10 A Taste of Poland Kielbasa	11 Stuffed Peppers
14 Roast Turkey with Stuffing 	15 Shepard's Pie	16 Chicken Gruyere	17 Meatloaf	18 Baked Cod Florentine
21 CENTER CLOSED 	22 Pot Roast	23 Broccoli and Mushroom Quiche	24 Chicken Parmesan Spaghetti	25 Tuna Noodle Casserole
28 Chicken Stir Fry Rice		In-House lunch is served at 12:00	\$3.00 Lunch Donation is Appreciated **Menu Subject to Change**	

Due to the limited availability of food and supplies we will only be listing the main course on the menu. Meals will also include a starch, a vegetable and a desert. 1% Milk and whole grain bread or rolls are served daily, unless otherwise noted.

## Welcome Allen



We are so pleased and excited for you to meet our new chef, Allen Lefferts! Allen comes to Pleasant View with many years of experience in commercial kitchens, and, even better, many years cooking for seniors, including at the Longmeadow Senior Center and Glenmeadow. This month, he'll be introducing his first menu at Pleasant View! Based on the preview we've had, we can't wait! His favorite meal is his famous homemade meatloaf, and if you're lucky, he may add some homemade soup to the day's meal. Please feel free to introduce yourself and let him know how much you're enjoying his cooking!



If you are interested in volunteering please reach out to Alicia at 525-5436 ext. 1406, or email Alicia at [alicia.smith@eastlongmeadowma.gov](mailto:alicia.smith@eastlongmeadowma.gov).

# Activities Calendar February 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> 8:00 <b>Breakfast Café</b> 9:00 Tai Chi 10:00 Line Dancing 11:00 Curbside Meal Pickup*, French Group, Trivia Online** 12:00 In-House Lunch* 12:30 Mah-jongg, Movie Showing	<b>2</b> 9:00 Advanced Chair Exercise 9:15 Chair Exercise 10:00 Cribbage <b>10:30 Italian Class</b> 11:00 Curbside Meal Pickup* <b>12:00 Birthday Bash,*</b> In-House Lunch* 1:00 Chair Volleyball	<b>3</b> 10:00 Trivia 11:00 Curbside Meal Pickup* 12:00 In-House Lunch* 12:00 Canasta <b>12:30 \$2 Bingo</b> 1:00 Handcrafting	<b>4</b> <b>Fix-it Clinic**</b> 9:00 Advanced Chair Exercise 9:15 Chair Exercise 10:00 Art Class, Bean Bag Baseball 11:00 Curbside Meal Pickup* 12:00 In-House Lunch* 1:00 Dominoes, Golden Zoomers 2:00 Silver Sneakers
<b>7</b> 9:00 Advanced Chair Exercise 9:15 Chair Exercise 10:00 Pool League 11:00 Curbside Meal Pickup*** 12:00 In-House Lunch* <b>12:15 Presentation on Aging Hair, Skin and Nails</b> 12:30 Pitch 2:00 Silver Sneakers	<b>8</b> <b>Pedicare**</b> 8:00 <b>Breakfast Café</b> 9:00 Tai Chi 10:00 Line Dancing 11:00 Curbside Meal Pickup*, French Group, Trivia Online** 12:00 In-House Lunch* 12:30 Mah-jongg, Movie Showing	<b>9</b> <b>Alzheimer's Support Group**, Tech Help**</b> 9:00 Advanced Chair Exercise 9:15 Chair Exercise 10:00 Cribbage <b>10:30 Italian Class</b> 11:00 Curbside Meal Pickup* 12:00 In-House Lunch* 1:00 Chair Volleyball	<b>10</b> <b>Manicures**</b> 10:00 Trivia, <b>Welcome to Milan**</b> 11:00 Curbside Meal Pickup* 12:00 In-House Lunch* 12:00 Canasta <b>12:30 Wacky Trivia</b> 1:00 Handcrafting	<b>11</b> 9:00 Advanced Chair Exercise 9:15 Chair Exercise 10:00 Art Class, Bean Bag Baseball <b>10:30 MyActiveCenter</b> 11:00 Curbside Meal Pickup* 12:00 In-House Lunch* 1:00 Dominoes, Golden Zoomers 2:00 Silver Sneakers
<b>14</b> 9:00 Advanced Chair Exercise 9:15 Chair Exercise 10:00 Pool League 11:00 Curbside Meal Pickup* 12:00 In-House Lunch, 12:30 Pitch 2:00 Silver Sneakers	<b>15</b> <b>Legal Consultation**</b> 8:00 <b>Breakfast Café</b> 9:00 Tai Chi 10:00 Line Dancing 11:00 Curbside Meal Pickup*, French Group, Trivia Online** 12:00 In-House Lunch* 12:30 Mah-jongg, Movie Showin 1:00 <b>Crafts with Rose**</b>	<b>16</b> <b>Hearing Screening**</b> , 9:00 Advanced Chair Exercise 9:15 Chair Exercise 10:00 Cribbage <b>10:30 Italian Class</b> 11:00 Curbside Meal Pickup* 12:00 In-House Lunch* <b>1:00 Computer Class</b> 1:00 Chair Volleyball	<b>17</b> 10:00 Trivia 11:00 Curbside Meal Pickup*, <b>Eric Lesser's Representative</b> 12:00 In-House Lunch* 12:00 Canasta <b>12:45 Performance by Brad Shepard</b> 1:00 Handcrafting	<b>18</b> 9:00 Advanced Chair Exercise 9:15 Chair Exercise 10:00 Art Class, Bean Bag Baseball, 11:00 Curbside Meal Pickup* 12:00 In-House Lunch* 1:00 Dominoes, Golden Zoomers 2:00 Silver Sneakers <b>2:30 Intergenerational Circle</b>
<b>21</b> <b>CENTER CLOSED</b>  	<b>22</b> 8:00 <b>Breakfast Café</b> 9:00 Tai Chi 10:00 Line Dancing <b>10:30 Book Club</b> 11:00 Curbside Meal Pickup*, French Group, Trivia Online** 12:00 In-House Lunch* 12:30 Mah-jongg, Movie Showing	<b>23</b> <b>Tech Help**</b> 9:00 Advanced Chair Exercise 9:15 Chair Exercise 10:00 Cribbage <b>10:30 Italian Class</b> 11:00 Curbside Meal Pickup* 12:00 In-House Lunch <b>12:30 Presentation on Parkinson's Disease</b> 1:00 Chair Volleyball	<b>24</b> <b>Manicures**</b> 10:00 Trivia 11:00 Curbside Meal Pickup*, <b>Brian Ashe's Representative</b> 12:00 In-House Lunch* 12:00 Canasta <b>12:30 \$5 Bingo</b> 1:00 Handcrafting	<b>25</b> 9:00 Advanced Chair Exercise 9:15 Chair Exercise 10:00 Art Class, Bean Bag Baseball, 11:00 Curbside Meal Pickup* 12:00 In-House Lunch* 1:00 Dominoes, Golden Zoomers 2:00 Silver Sneakers
<b>28</b> 9:00 Advanced Chair Exercise 9:15 Chair Exercise 10:00 Pool League <b>10:30 Dealing with Debt</b> 11:00 Curbside Meal Pickup* 12:00 In-House Lunch* 12:30 Pitch 2:00 Silver Sneaker			<b>** Program requires sign up please call 525-5436</b>	<b>*To sign up for a Meal please call 525-5436 at least one day in advance by 1:00 pm</b>

## TRI-TOWN TROLLEY



The Tri-Town Trolley is available Monday thru Friday from 9:00am – 3:00 P.M. for East Longmeadow, Longmeadow, and Hampden Seniors



Due to a large increase in passenger transportation to medical appointments, increased costs, and because PVTa has eliminated some of their routes, in January the Tri-Town Trolley implemented schedule and rate changes. The mission of the Tri-Town Trolley is to meet the needs of all passengers, which sometimes requires a change in logistics. We understand that change is often difficult, and thank you for your understanding while the Tri-Town works to meet the needs of all riders.

- The cost of out of town trips is \$3 each way. In town trips are \$1 each way.
- Transportation for grocery shopping is scheduled on Wednesday and Thursday of each week only. Mondays, Tuesdays and Fridays are reserved for other types of transportation.

**IMPORTANT: EVERY PASSENGER WHO DESIRES TO GO GROCERY SHOPPING ON THEIR DESIGNATED DAY MUST CALL AT LEAST 72 HOURS IN ADVANCE. SCHEDULING WILL BE ON A "FIRST COME-FIRST SERVED BASIS". GROCERY BAGS WILL BE LIMITED TO THREE (3) BAGS ON THE VAN.**

**72 hour notification is required for booking any transportation.** For medical appointments, we recommend calling as soon as you schedule your appointment. The trolley schedule is limited, we do our best to accommodate your date and time, however availability is not guaranteed. When booking appointments, please have the complete address and phone number of your destination.

To schedule a ride please call 413-525-5412



**Trolley Inclement Weather Policy** When the East Longmeadow Public schools are **closed** due to weather, the Tri-Town Trolley will not run. When the East Longmeadow Public Schools are **delayed** due to weather, riders will be notified of any cancellations that day.



## VETERANS SERVICES

Due to Covid-19 regulations we will not be holding Veterans Coffee Hour in February



*Director of Veteran Service*  
**Michelle Barrett**

**Pleasant View Senior Center Office Hours:**

Monday, Wednesday, Thursday & Friday 9:00-2:00

**Office Phone:** 525-5400 ext. 1416 **Cell Phone:** 573-355-6076



## COA LIAISONS

### **Police Department**

Daniel Atwater 413-525-5440



### **Fire Department/Fire and Life Safety**

Chris Beecher 413-525-5430



## PLEASANT VIEW STAFF AND CONTACTS

### **Erin Koebler**

*Director*  
Ext. 1401

### **Sharon Giordano**

*Admin. Accountant*  
Ext. 1405

### **Elizabeth Baron**

*Food Pantry  
Coordinator*  
Ext. 1408

### **Allen Lefferts**

*Chef*  
Ext. 1411

### **Terry Glusko**

*Transportation  
Coordinator*  
Ext. 1410

### **Danell Tavella**

*Community  
Services*  
Ext. 1402

### **Meralee Kratovil**

*Office Manager*  
Ext. 1404

### **Debbie Garvin**

*Meal Site Coordinator*  
Ext. 1413

### **Margit Daley**

*Kitchen Assistant,  
Dishwasher*

### **Barbara Fenney**

*Dispatcher*  
Ext. 1410

### **Alicia Smith**

*Program &  
Volunteer Coordinator*  
Ext. 1406

### **Leah Weaver**

*Admin. Asst. &  
Social Media  
Coordinator*  
Ext. 1414



To receive our E-Newsletter please call 525-5436

[www.facebook.com/elseniors](http://www.facebook.com/elseniors)

MON - FRI: 8-4 PM 413-525-5436

